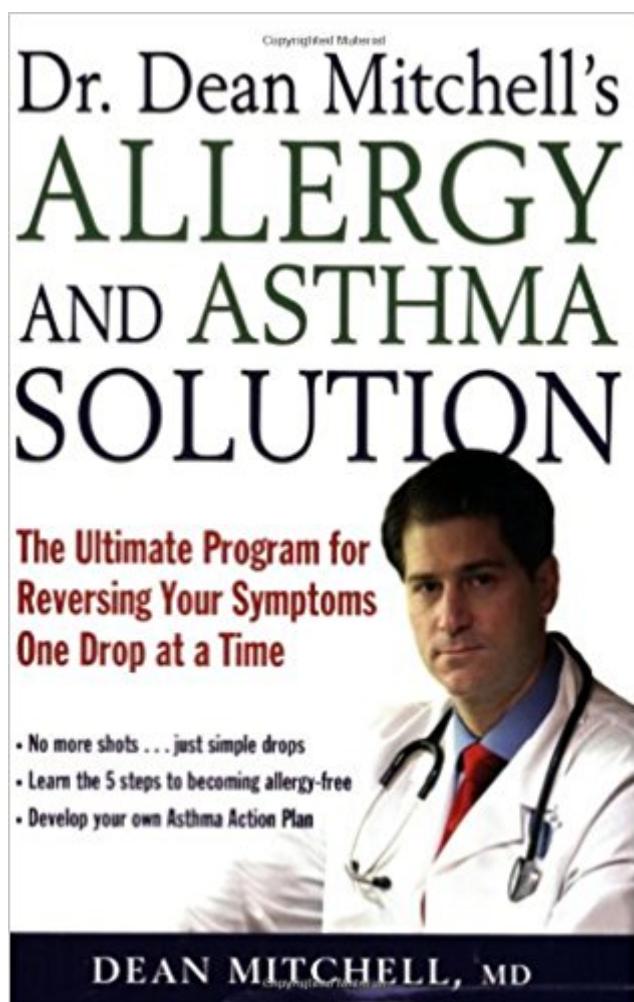


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# Dr. Dean Mitchell's Allergy And Asthma Solution: The Ultimate Program For Reversing Your Symptoms One Drop At A Time



## **Synopsis**

Over 50 million Americans suffer from a range of frustrating allergy symptoms &#151; from hay fever to asthma, hives to sinusitis. Many have tried medications, visited allergists, and used various treatments, desperate to find a reliable way to alleviate their pain, but just can't seem to get the dependable relief they need. Now, one of New York's top allergists, Dr. Dean Mitchell, lifts the cloud of mystery surrounding allergies and offers a breakthrough new treatment program that will dramatically lessen their severity, if not cure them for good. In Dr. Dean Mitchell's Allergy and Asthma Solution, Mitchell clearly and comprehensively explains what allergies are, why they are so prevalent, and all of the standard treatments. He then presents a cutting edge 5-step program for reversing allergies &#151; called sublingual immunotherapy, or "allergy drops." This new treatment, widely accepted in Europe but still relatively unknown in the United States, is painless, convenient, incredibly effective, and completely safe since it works naturally through the body's immune system. Even better, it can be customized to meet specific needs, is shot-free, and can be self-administered. Dr. Dean Mitchell's Allergy and Asthma Solution is the best guide to understanding allergies and overcoming their symptoms.

## **Book Information**

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## **Customer Reviews**

Dean Mitchell, MD, is the leading expert in sublingual allergy immunotherapy in the United States. He had been in practice for seven years following the conventional methods of allergy cures when he first learned of sublingual allergy immunotherapy (allergy drops) and has been one of its

strongest proponents. He now runs a private practice, Ocean Allergy & Nutrition, in Manhattan. Dr. Mitchell's patients come from all over the US to receive his treatments. He is a fellow of the American College of Allergy, Asthma, and Immunology and is a member of the Joint Council of Allergy and Immunology. For ten years he was a clinical instructor of medicine at Columbia College of Physicians and Surgeons. He graduated from Brown University in 1982 and received his MD from the Sackler School of Medicine at Tel Aviv University in 1986. He lives in Long Island with his wife and two sons. When he's not busy with his patients, he enjoys playing baseball with his kids.

Thank you, thank you and thank you for writing this book. Who knew that trees could start blooming pollen in January here in the NW, and I was desperately seeking better answers and found them here. Everything he talks about Dr. Oz just backed up on a show about 3 weeks ago, saying this allergy season 2013 is unlike any before and the pollen is super-charged. Already have seen a Naturopath and will be working towards the sublingual allergy drops this summer.

Way too technical. I couldn't even get through it. Found it boring, not interesting.

I read another review saying it was boring. My son has allergies and I found it very interesting, in fact a door opening for a new solution. With the advice in this book, we found an allergist that uses this drop method. In fact we found the original clinic that started the work in La Crosse WI. My 6 year old son has been on the sublingual drops for his multiple allergies for 8 months and has found quite a bit of relief. His peanut allergy has been downgraded from Severely allergic to Mildly allergic. His Spring allergies are so much better, we rarely have to medicate him, before we were taking zyrtec and benedryl all the time just to stop the sniffles. Its a program to follow and we'll be on it for a few years, his quality of life will be so much better.

As a non-medical professional I found Dr. Mitchell's book very easy to understand. His 'drops' treatment is an exciting option for allergy sufferers. I strongly recommend this book as a resource in this new area of allergy treatments.

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